



Practical and Sustainable Strategies for Leveraging COVID Relief Funds to Support Student and Staff Mental Health

*hosted by the Department of Education and
the Department of Health and Human Services*

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National Center for School Mental Health

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@NCSMHTweets

National Center for School Mental Health (NCSMH)

- Established in 1995 with funding from the US Department of Health and Human Services (HHS), Health Resources and Services Administration
- The **NCSMH mission** is to strengthen policies and programs in school mental health to improve learning and promote success for America's youth.



UNIVERSITY *of* MARYLAND
SCHOOL OF MEDICINE

Visit the NCSMH website at
www.schoolmentalhealth.org



Commitment

- Racial and social justice lens
- Cultural responsiveness and equity
- Developing and modeling equitable and anti-racist policies and practices
- Learn, heal, grow together





IMPROVING HEALTH AND
MENTAL HEALTH IN SCHOOLS

**National
Quality
Initiative**



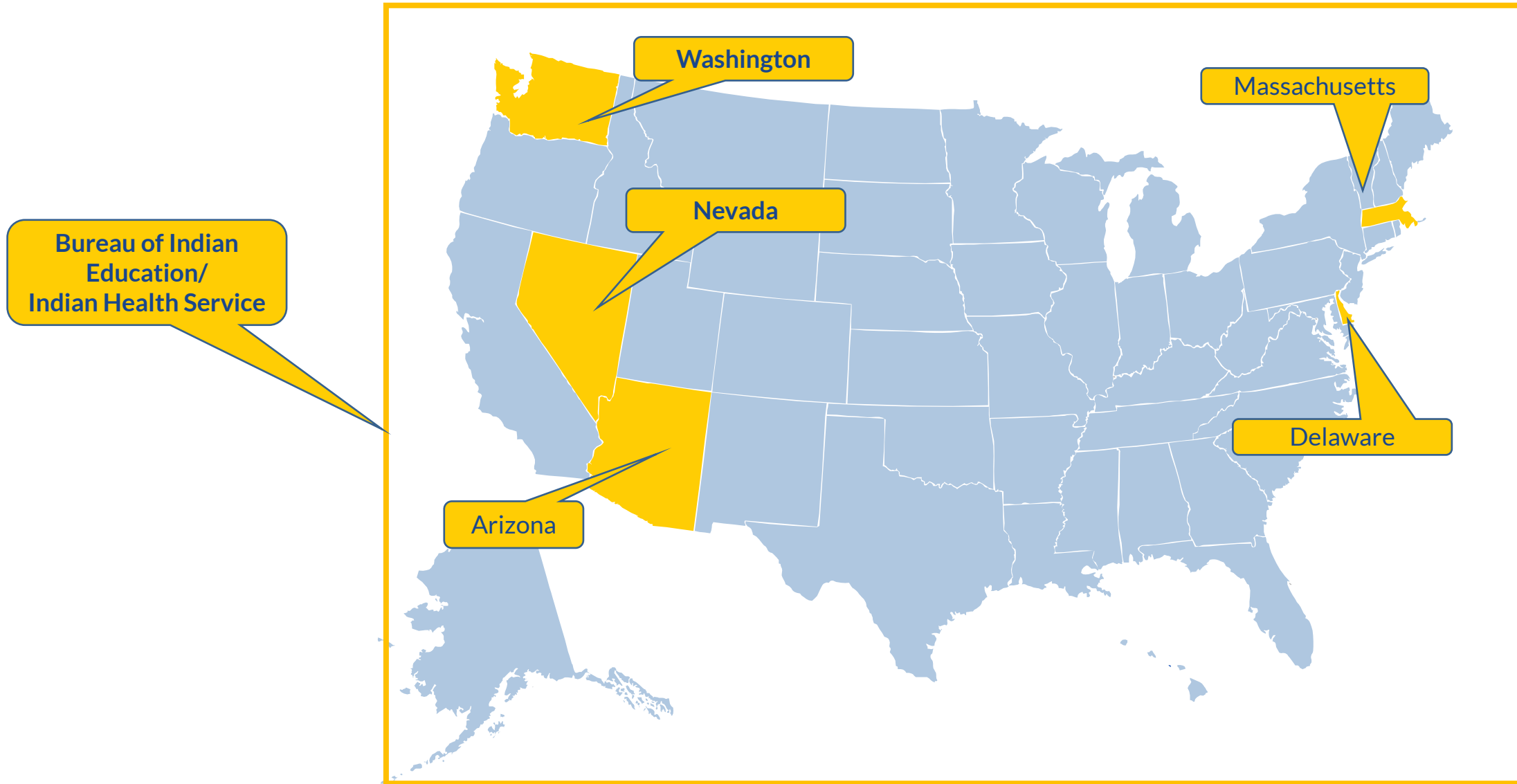
Challenging comprehensive school-based health centers and school mental health systems to adopt, report, and improve standardized performance measures

1. Improve quality of care and use of best business practices that promote sustainability among 50 percent SBHCs/CSMHSs
2. Increase number and utilization of SBHCs/CSMHSs by 15 percent
3. Increase state policies and programs that promote quality, sustainability, and growth of SBH services

Funded by the Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau

Program Officer: Savannah Kidd, M.S., MFT

Comprehensive School Mental Health Systems National Quality Initiative CoIIN States and Entity





On Today's Agenda

- Great Need
 - Elevated Rates and Severity of Youth and Staff Mental Health Concerns Related to COVID Impact
- Comprehensive School Mental Health Systems to Help
 - Multi-tiered System of Support for Students, Families and Educators
- Using COVID Relief Funds to Advance School Mental Health
 - Examples from the field
 - Free national resources
- Q&A

Children's Mental Health Concerns



“More than 10 months into the pandemic, **mental health is a simmering crisis for many of the nation’s schoolchildren**, partly hidden by isolation but increasingly evident in the distress of parents, the worries of counselors and an early body of research.”



“Holed up at home, students dwell in the glare of computer screens, missing friends and teachers. Some are failing classes. Some are depressed. Some are part of families reeling with lost jobs, gaps in child care or bills that can’t be paid. Some students care for, or grieve, **HEALTHY SCHOOLS CAMPAIGN**”



Mental Health Concerns

- **Over 1/3** of students experienced **poor mental health** during pandemic.
 - Higher rates for lesbian, gay, and bisexual students.
 - Higher rates for women and girls.
- **44%** of students felt “**persistently sad or hopeless**” over prior year.



Educator Mental Health and Well-Being

52%

of education professionals say their mental health has declined during the global pandemic



Pre-pandemic

- 2/3 of educators usually feel stressed out (2x more than general population)
- 58% of educators- 7 or more days of poor mental health in past month

Teaching During the Pandemic

- Educators reported working longer hours.
- 1 in 3 teachers indicated the pandemic has made them more likely to leave teaching.



School-Based Mental Health: A National Priority

A Webinar from The Kennedy Forum

Featuring U.S. Secretary of Education Miguel Cardona, Ed.D.

November 12, 2021, 2:00-3:30pm ET

AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health

[Home](#) / [Advocacy](#) / [Child and Adolescent Healthy Mental Development](#) / AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health



A declaration from the American Academy of Pediatrics, American Academy of Child and Adolescent Psychiatry and Children's Hospital Association:

As health professionals dedicated to the care of children and adolescents, we have witnessed soaring rates of mental health challenges among children, adolescents, and their families over the course of the COVID-19 pandemic, exacerbating the situation that existed prior to the pandemic. Children and families across our country have experienced enormous adversity and disruption. The inequities that result from structural racism have contributed to disproportionate impacts on children from communities of color.

This worsening crisis in child and adolescent mental health is inextricably tied to the stress brought on by COVID-19 and the ongoing struggle for racial justice and represents an acceleration of trends observed prior to 2020. Rates of childhood mental health concerns and suicide rose steadily between 2010 and 2020 and by 2018 suicide was the second leading cause of death for youth ages 10-24. The pandemic has



Where do we go from
here?

Anxiety/Fears
Loss
Equity

Hope and Resilience





Social Connectedness

- **Connections to adults and peers from school** was associated with decreased:
 - Feelings of persistent sadness and hopelessness.
 - Suicidal ideation.
 - Suicide attempts.
- Around **1 in every 2 students felt close to adults and peers** from school during the pandemic.
- Schools are uniquely positioned to support youth at higher risk for these concerns and provide opportunities for connection.

**RESTART & RECOVERY:
LEVERAGING FEDERAL COVID RELIEF
FUNDING & MEDICAID TO SUPPORT STUDENT
& STAFF WELLBEING & CONNECTION**
OPPORTUNITIES FOR STATE EDUCATION AGENCIES

Using Recovery Funds to Support Student and Staff Well-Being

- ESSER Funds for SEAs and LEAs
- Can use funds to support student and staff wellbeing and mental health
- Leveraging ESSER Funds to Access Sustainable Funding Streams (e.g. Medicaid)
- bit.ly/restart-recovery-guide





**HEALTHY SCHOOLS
CAMPAIGN**





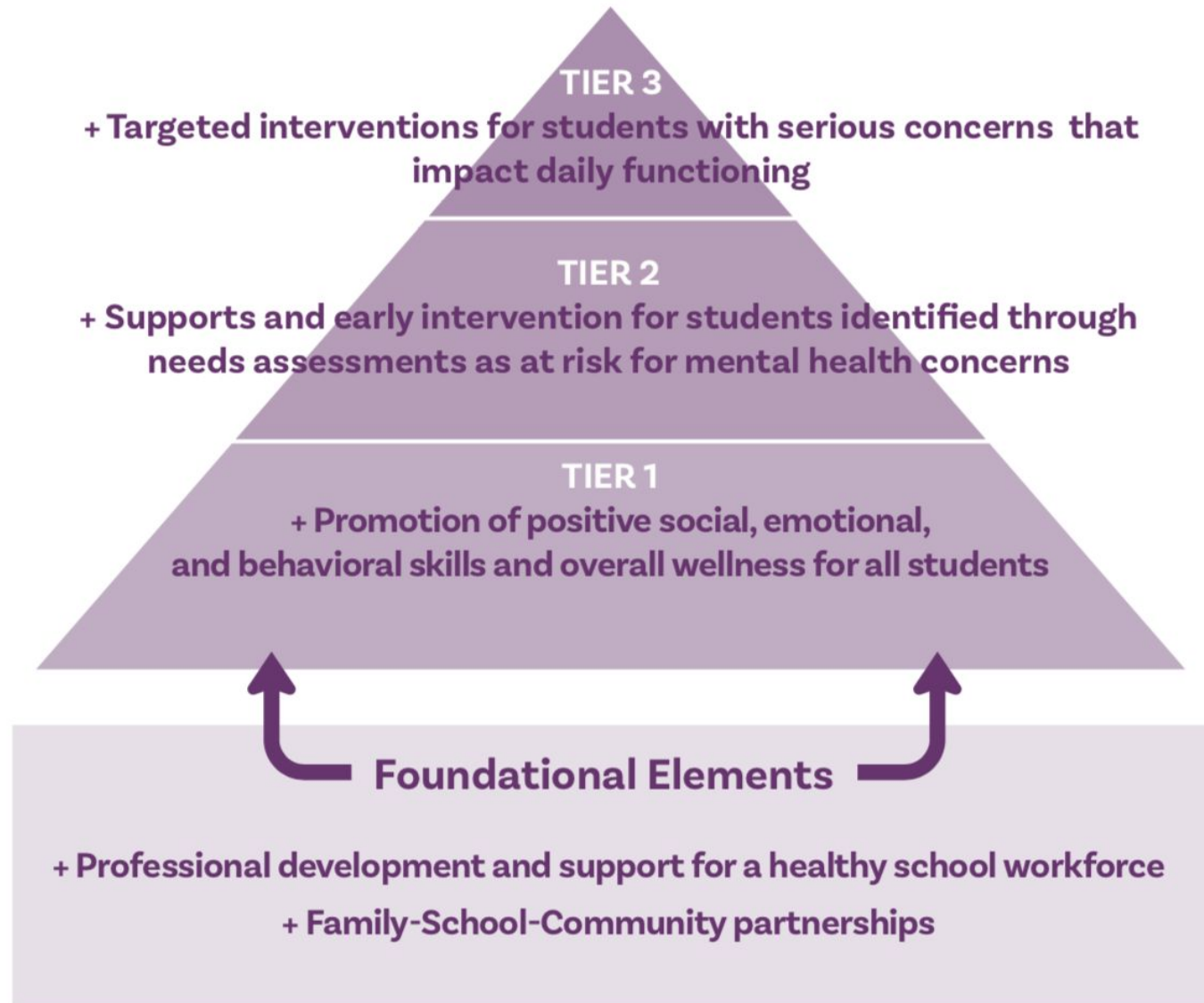
What can schools do?



Comprehensive School Mental Health

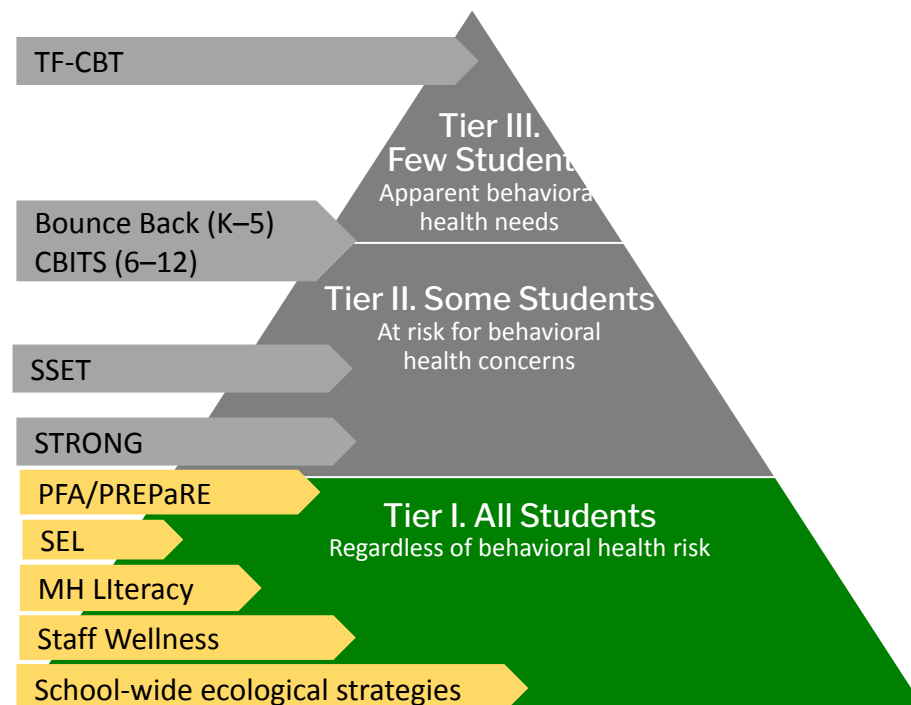
Multi-tiered System of Support for Students, Families and Educators

Figure 5: Multi-Tiered System of Support



UNIVERSAL School Mental Health Strategies

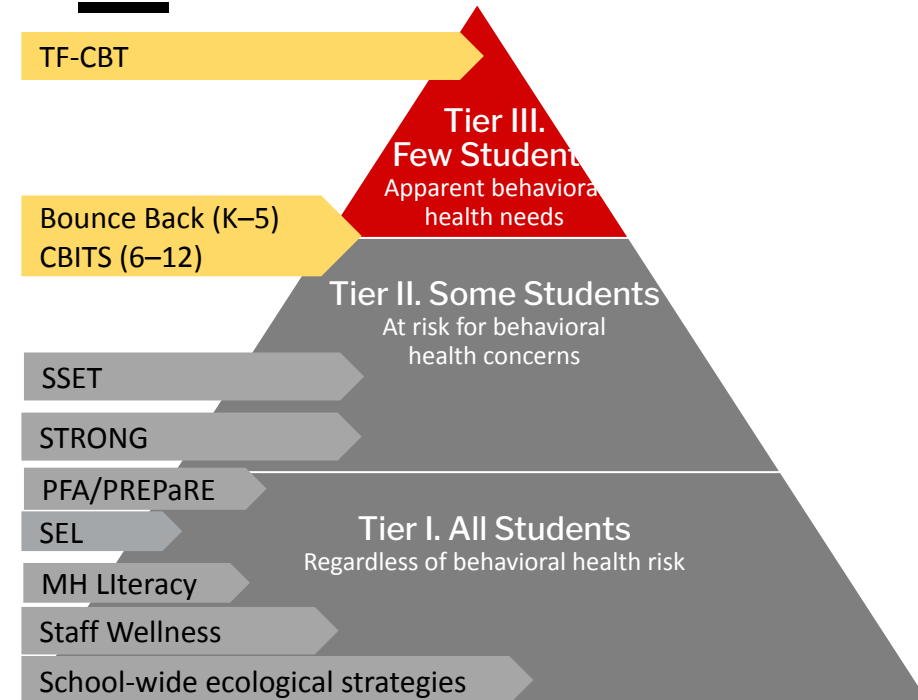
- Positive school climate
- Culturally responsive, trauma-responsive school policies and practices
- Staff well-being
- Mental health literacy for school staff and students
- Social Emotional Learning (SEL)





Early Identification, Intervention and Treatment in Schools

- Screening/well-being check-ins
- Evidence-based psychosocial interventions – e.g., CBITS/Bounce Back, TF-CBT
- Psychiatric care





Comprehensive School Mental Health Systems

“provide an array of supports and services **that promote positive school climate, social and emotional learning**, and mental health and well-being, while **reducing the prevalence and severity of mental illness**.

These systems are built on a **strong foundation of district and school professionals**, including administrators, educators and specialized instructional support personnel (e.g., school psychologists, school social workers, school counselors, school nurses and other school health professionals),

all in strategic partnership with students and families, as well as community health and mental health partners.” *Hoover et al., 2019*

Figure 3. Core Features of a Comprehensive School Mental Health System

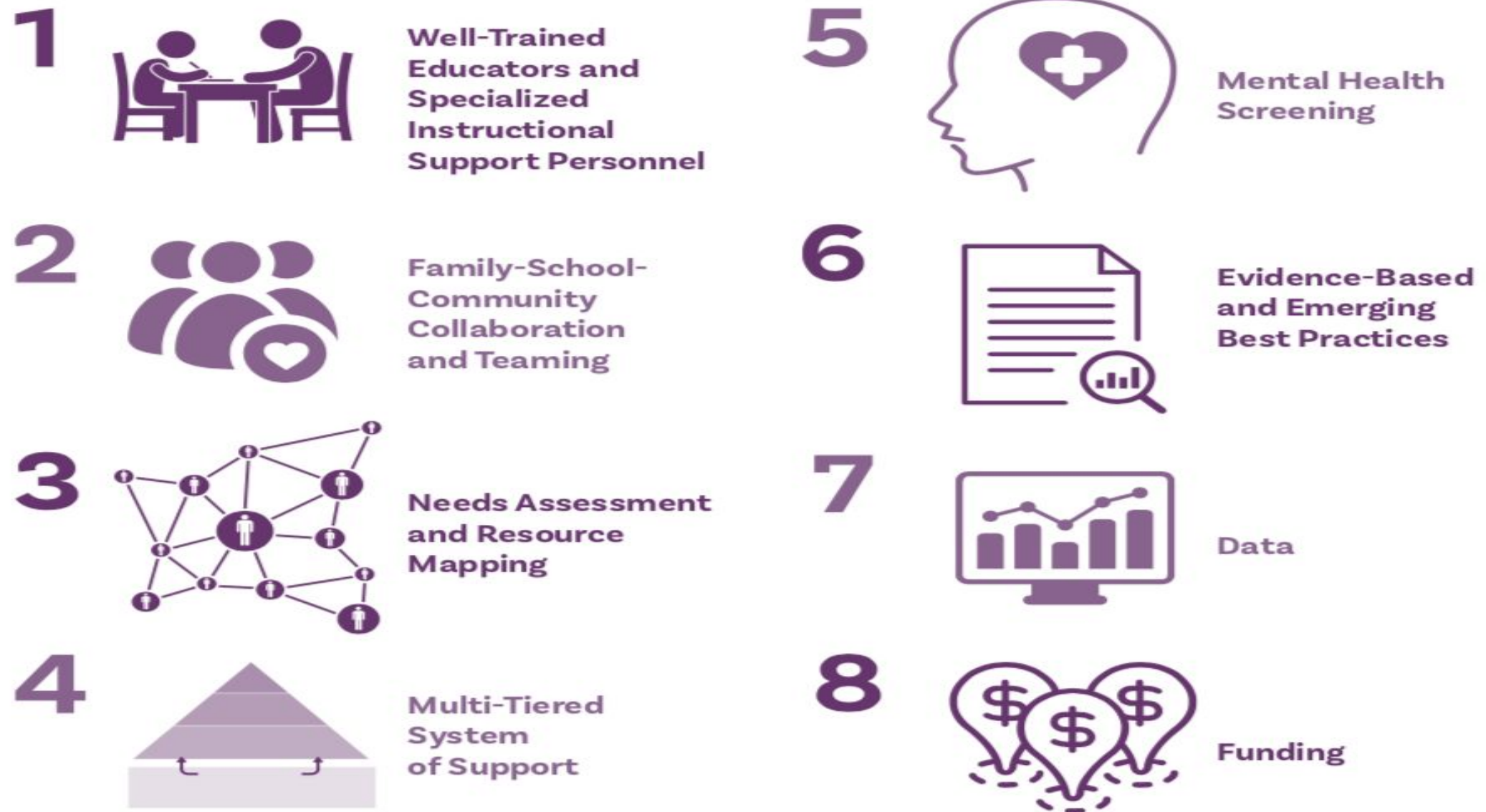


FIGURE 4. AN EXAMPLE OF COMPLEMENTARY ROLES AND RESOURCES OF COMMUNITY PARTNERS AND SCHOOL DISTRICTS IN COMPREHENSIVE SCHOOL MENTAL HEALTH SYSTEMS

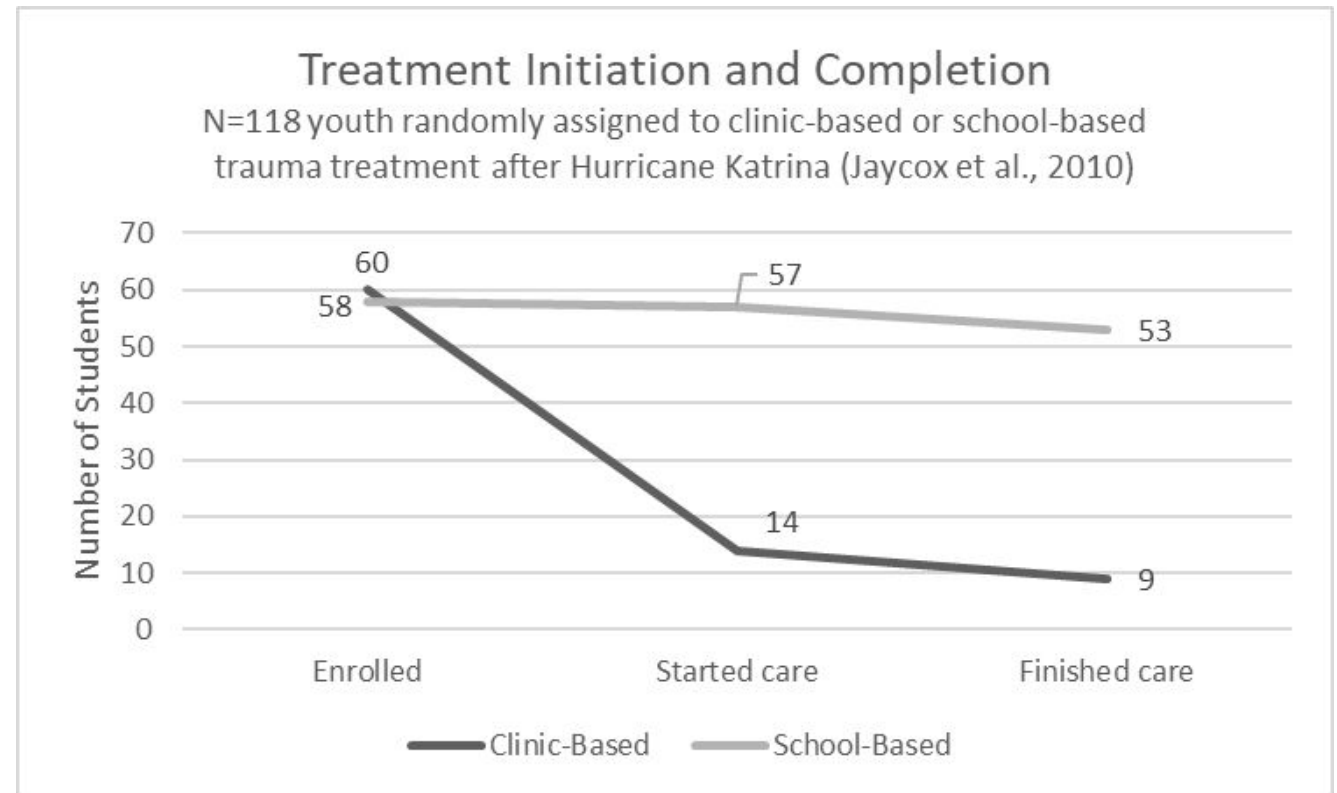


Source: Weist, M. D., Short, K., McDaniel, H., & Bode, A. (2016). *The school mental health international leadership exchange (SMHILE): Working to advance the field through opportunities for global networking.*



Why Mental Health Treatment in Schools?

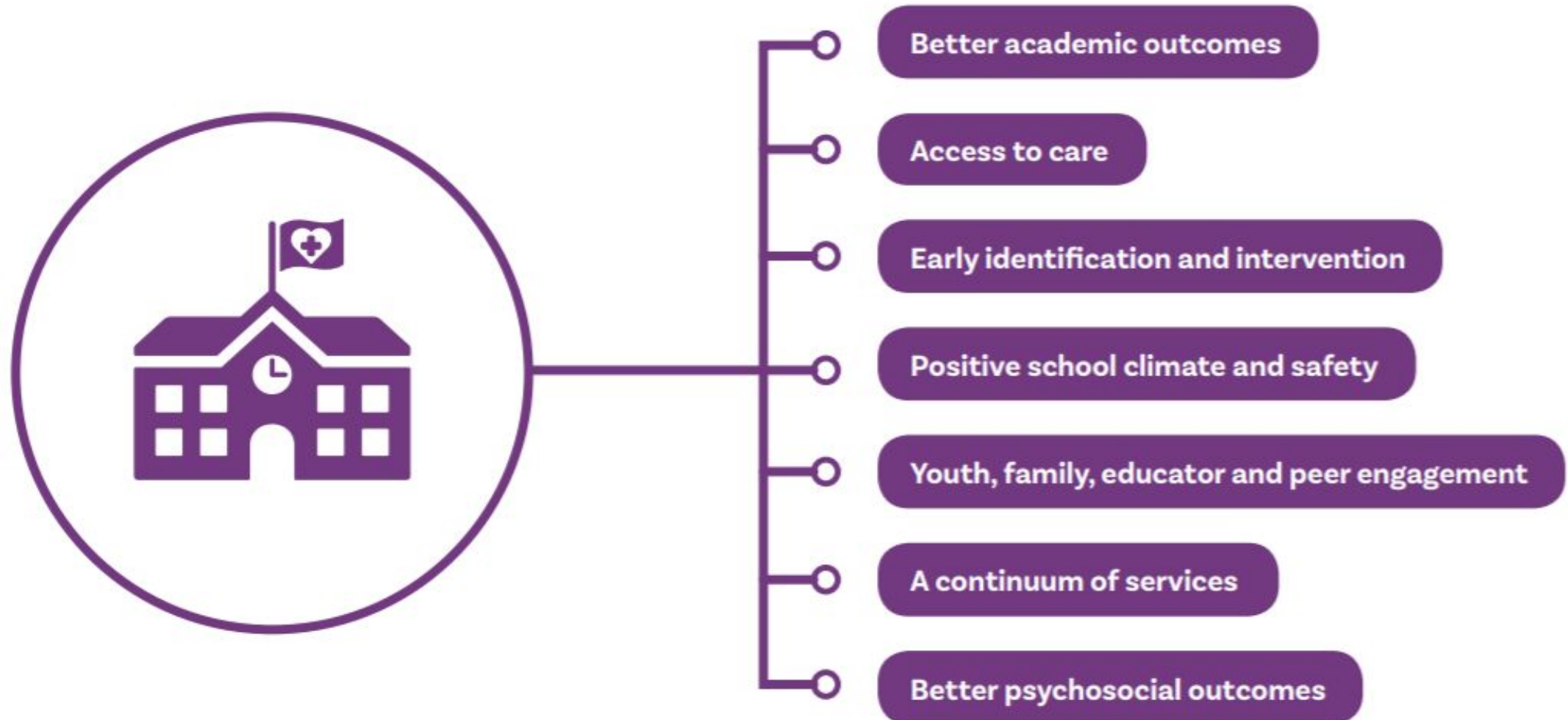
Youth are 6x more likely to complete mental health treatment in schools than in community settings (Jaycox et al., 2010)





Value

Figure 2. The Value of Comprehensive School Mental Health Systems: Positive Outcomes



Kase, C., Hoover, S. A., Boyd, G., Dubenitz, J., Trivedi, P., Peterson, H., & Stein, B. (2017). Educational outcomes associated with school behavioral health interventions: A Review of the Literature. *Journal of School Health, 87*(7), 554-562.

JOURNAL OF
SCHOOL HEALTH

GENERAL ARTICLE

Educational Outcomes Associated With School Behavioral Health Interventions: A Review of the Literature

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ABSTRACT

BACKGROUND: There is an unmet need for behavioral health support and services among children and adolescents, which school behavioral health has the potential to address. Existing reviews and meta-analyses document the behavioral health benefits of school behavioral health programs and frameworks, but few summaries of the academic benefits of such programs exist. We provide exemplars of the academic benefits of school behavioral health programs and frameworks.

METHODS: A literature review identified school behavioral health-related articles and reports. Articles for inclusion were restricted to those that were school-based programs and frameworks in the United States that included an empirical evaluation of intervention academic-related outcomes.

RESULTS: Findings from 36 primary research, review, and meta-analysis articles from the past 17 years show the benefits of school behavioral health clinical interventions and targeted interventions on a range of academic outcomes for adolescents.

CONCLUSION: Our findings are consistent with reports documenting health benefits of school behavioral health frameworks and programs and can facilitate further efforts to support school behavioral health for a range of stakeholders interested in the benefits of school behavioral health programs and frameworks on academic outcomes.

Keywords: literature review; mental health; academic outcomes; prevention; treatment.

Citation: Kase C, Hoover S, Boyd G, West KD, Dubenitz J, Trivedi PA, Peterson HJ, Stein BD. Educational outcomes associated with school behavioral health interventions: a review of the literature. *J Sch Health.* 2017; 87: 554-562.

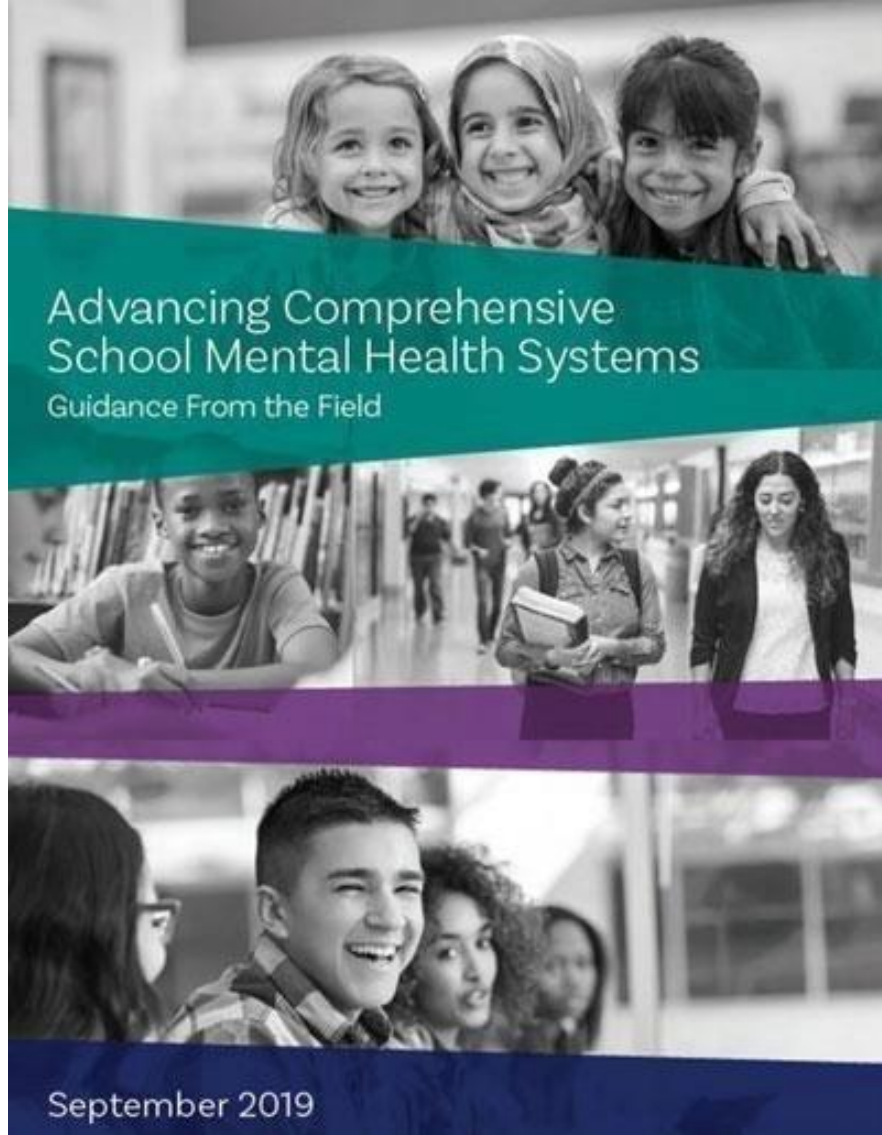
Received on May 13, 2016
Accepted on January 19, 2017

In the aftermath of the Surgeon General's warning that "the nation is facing a public crisis in mental health care for infants, children, and adolescents,"¹ the prevalence of mental health disorders among children and adolescents and the unmet need for treatment have received increased attention. Mental health problems are common among children

experience a mental health disorder annually, and an estimated 40% of adolescents meet lifetime diagnostic criteria for myriad mental health disorders.²⁻⁴ These mental health conditions have wide ranging effects, interfering with students' functioning in school, at home, with their friends, and in their communities,⁵⁻⁸ and potentially affecting their successful attainment



- Findings from 36 primary research, review, and meta-analysis articles
- 2000-2017
- **Benefits of school behavioral health clinical interventions and targeted interventions on a range of academic outcomes –**
 - **Grades**
 - **Attendance**
 - **State test scores**
 - **School connectedness**



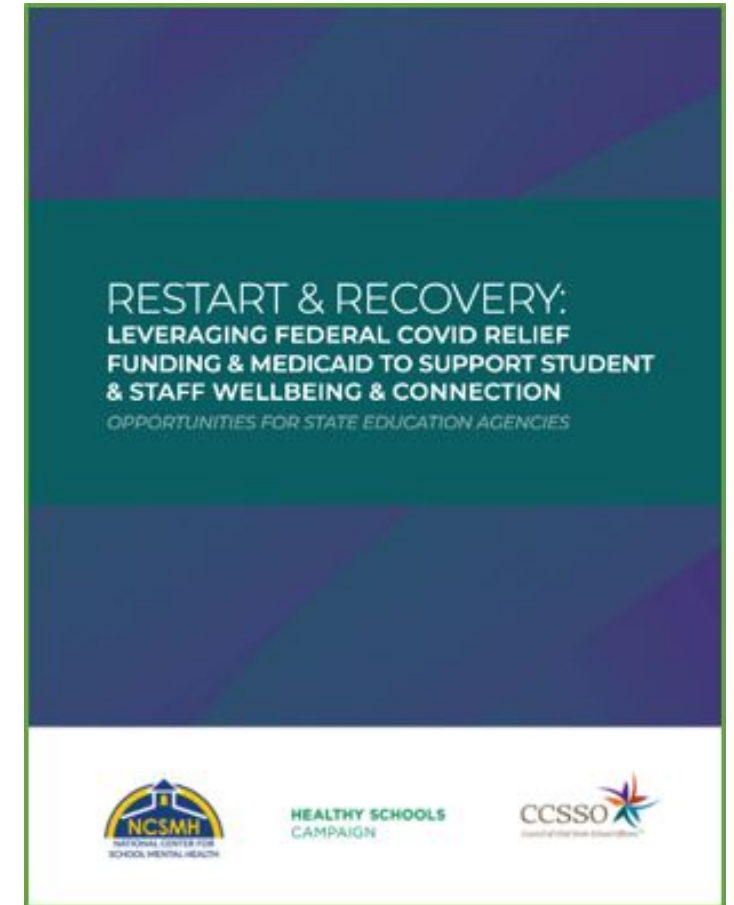
Guidance from the Field

- Why Address Mental Health in Schools
- A Public Health Approach to School Mental Health
- The Value of School Mental Health
- Core Features of a Comprehensive School Mental Health System
- Opportunities, Challenges and Recommended Strategies
- Local Spotlights
- State Spotlights
- Moving Forward

www.schoolmentalhealth.org/AdvancingCSMHS

How States Can Use ESSER Funds to Support School Mental Health

- Understand the Policy Environment
- Foster Meaningful Collaboration
- Strengthen and Expand School Medicaid Programs
- Promote MTSS Implementation
- Enhance Data Systems and Collection
- Build LEA Capacity

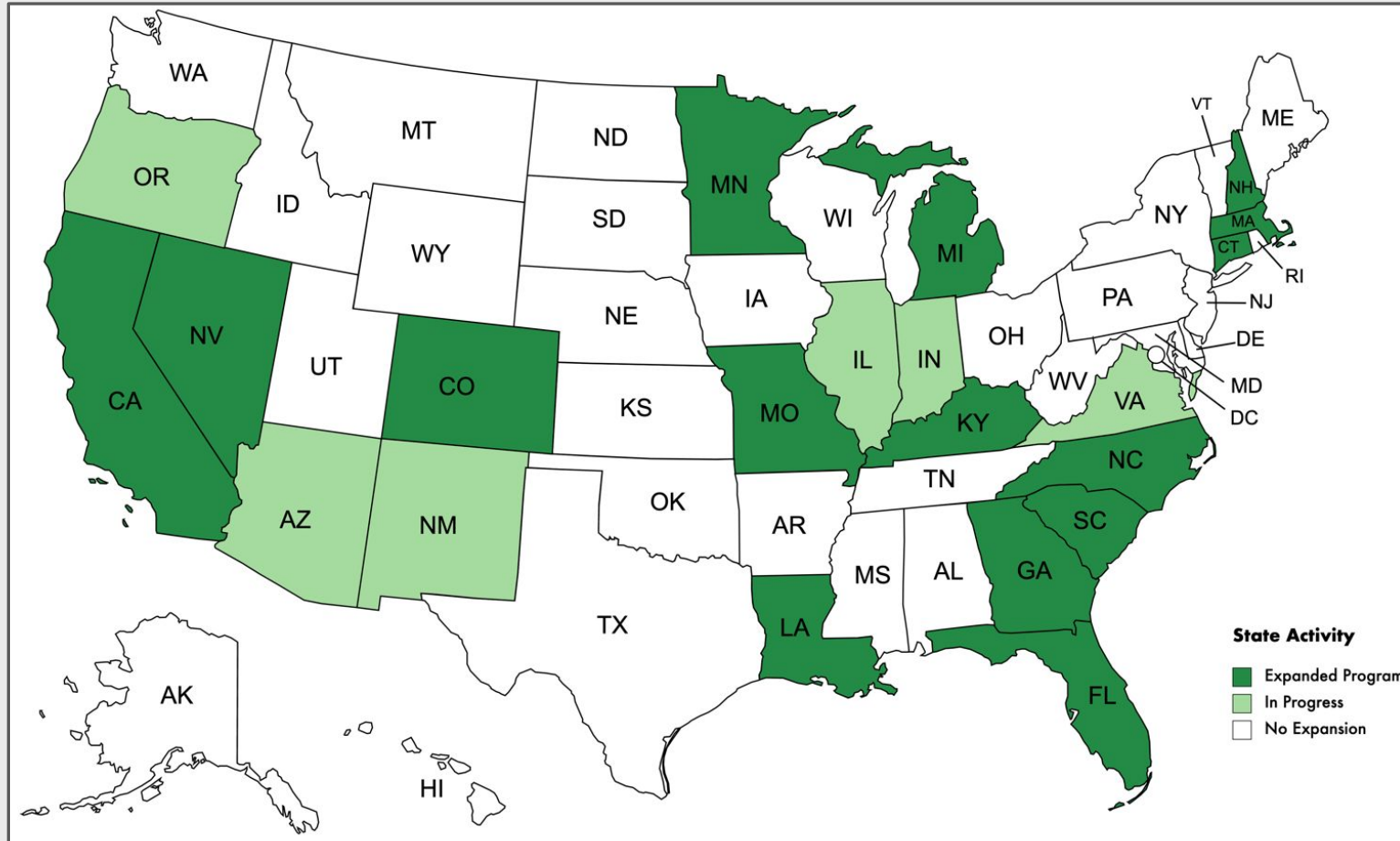


Sustainable Funding Streams

- Every Student Succeeds Act (ESSA) Title Funding:
 - Titles I, II, III, IVA
- Individuals with Disabilities Education Act (IDEA)
- Federal grant programs (e.g., Project AWARE, CDC Healthy Schools Program)
- State and local funding
- Community partnerships
- Medicaid



Expansion of School-Based Medicaid Programs



*School Medicaid in Your State: <https://bit.ly/StateSchoolMedicaidMap>

School-based Medicaid

- Strong school-based Medicaid programs require coordination among state Medicaid, SEA and LEA staff, at a minimum.
- Dedicating staff to coordinate Medicaid programs at every level helps to clarify and facilitate the implementation of school-based Medicaid reimbursement.
- Investments in infrastructure are important to the long-term success of programs.
- A robust, transparent policy ecosystem--including research, guidance documents and policy manuals--helps promote understanding and compliance.
- Education, technical assistance and opportunities for continued learning are needed to facilitate school-based Medicaid programs.
- Family and staff education and engagement are critical components of a successful program.



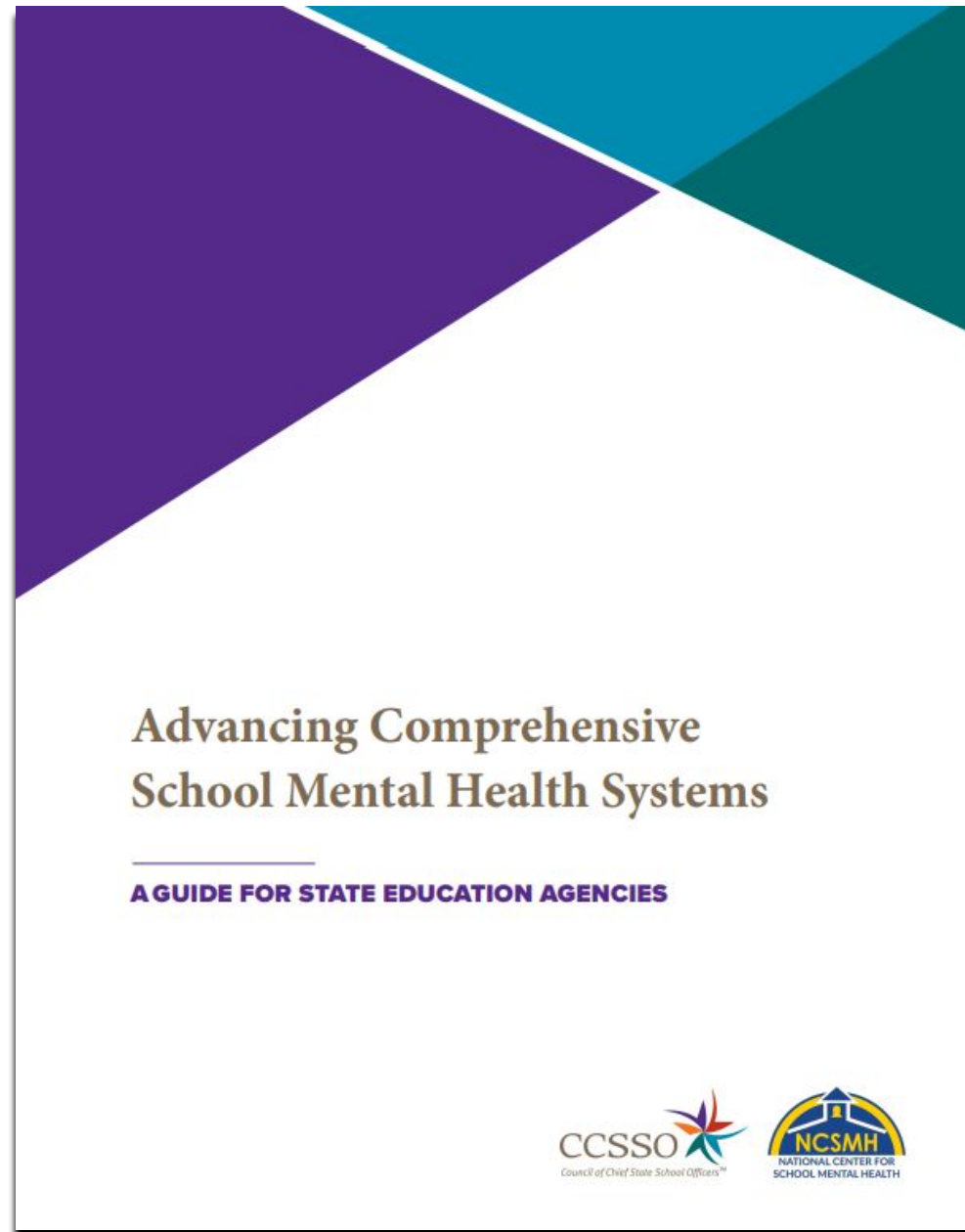
School Medicaid Resources

- CCSSO's Understanding School Medicaid: A Primer for Chief State School Officers
 - [Understanding School Medicaid | CCSSO](#)
- Healthy Schools Campaign's Guide to Expanding Medicaid-Funded School Health Services
 - <https://healthyschoolscampaign.org/resources/single/a-guide-to-expanding-medicaid-funded-school-health-services/>





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Advancing Comprehensive
Mental Health Systems |
(ccsso.org)

**STATE EDUCATION LEADERS CAN TAKE THE LEAD IN
ESTABLISHING CSMHS BY TAKING FIVE KEY STEPS:**



Establish a statewide strategy and framework that focuses on supporting students' academic development and student and staff wellbeing and connection, including mental health.



Form strong, diverse partnerships to develop and implement the strategy.



Take an asset-based approach that focuses on strengths and values diversity in race, culture, language, ability and thought.

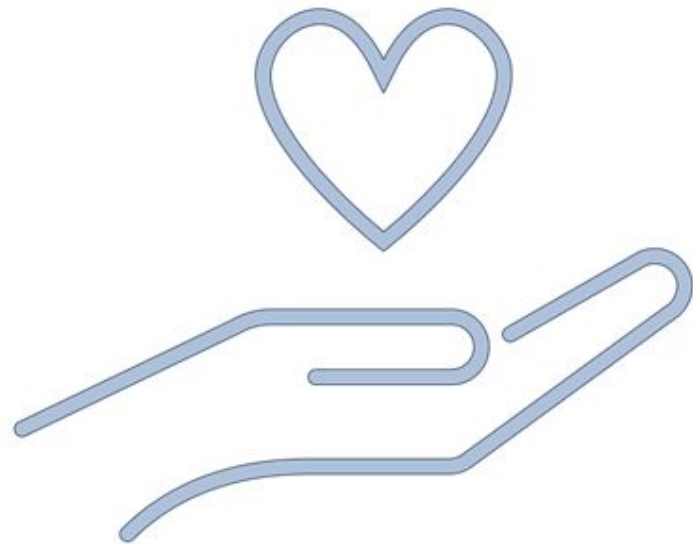


Align efforts with existing efforts and COVID recovery.



Prioritize capacity-building at the local level to advance CSMHS.

State Use of ESSER Funds to Support School Mental Health



- Approximately 50% of state plans listed students' mental, social, emotional and behavioral health, including trauma, as one of the top 3 pandemic-related issues currently facing students and schools.
- Common strategies include: the use of a MTSS framework or a Whole Child framework, enhanced counseling or guidance services, integrating SEL into instructional approaches, summer programming and offering virtual and on demand tools and resources.

State Use of ESSER Funds to Support School Mental Health

- Iowa
 - Grants to LEAs
 - Iowa Center for School Mental Health
- Arizona
 - School Safety Grant Program- School Counselor and School Social Worker Positions
- Maryland
 - Maryland School Mental Health Response Program- Response and Consultation to Schools Across the State
- Oklahoma
 - Grants to LEAs- school-based mental health professionals
 - Oklahoma School Counselor Corps.
- District of Columbia
 - Educator wellness platform

<https://docs.google.com/spreadsheets/d/1PSgwA2w9KkinCgBMbTff8wO07FMeodrXlx4eSPMCMZA/edit#gid=0>

District Use of ESSER Funds

- Hiring school-based mental health providers
- Investing in technology platforms (e.g. electronic health record systems) to support delivery of school mental health services
- Hiring district level staff (e.g. school Medicaid coordinator, MTSS coordinator) to support school level program implementation
- Providing professional development opportunities on school mental health
- Enhancing data systems (e.g. student information systems) to capture mental health data
- Providing mental health supports to school staff

Well-being & Connection Resources



Visit <https://learning.ccsso.org/wellbeing-and-connection> to access CCSSO's resources for states to support student and staff well-being & connection



**HEALTHY SCHOOLS
CAMPAIGN**





Free National SMH Resources



School Health Assessment
and Performance Evaluation System

[Home](#)[About Us](#)[Take a Tour](#)

What is **SHAPE?**

Your **FREE**, interactive tool designed to improve school, district, and state mental health accountability, excellence, and sustainability.

[Learn More](#)

Improve student mental health in your schools, districts, and states. **Sign up for:**

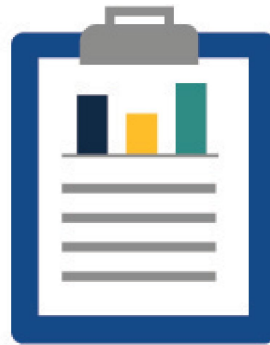
[Myself](#)[My School](#)[My District](#)[My State](#)



Map school mental health services and supports.



Assess system quality using national performance standards.



Receive custom reports and strategic planning guidance and resources.



Utilize additional SHAPE features including the Screening and Assessment Library.



Use district and state dashboards to collaborate with schools and districts in your region.

National School Mental Health Quality Assessment- SMH-QA

Quality Domains

- Teaming
- Needs Assessment and Resource Mapping
- Mental Health Promotion for All (Tier 1)
- Early Intervention and Treatment Services and Supports (Tiers 2/3)
- Screening
- Impact
- Funding and Sustainability

School Mental Health National Quality Assessment Overview of Domains and Indicators



Teaming

- Multidisciplinary teams
- Youth and family partnership
- Community partnerships
- Addresses all tiers
- Avoid duplication and promote efficiency
- Best practices for meeting structure/process
- Delineated roles/responsibilities
- Effective referral processes to school and community services
- Data-based decisions to determine student interventions
- Data sharing



Needs Assessment/ Resource Mapping

- Assess student mental health needs
- Assess student mental health strengths
- Use needs assessment results to select, plan and implement services and supports
- Conduct resource mapping to identify existing services and supports
- Use resource map to select, plan and implement services and supports
- Align existing services and supports



Mental Health Promotion Services & Supports

TIER 1

- Tier 1 Services and Supports:
 - School Climate
 - Teacher and School Staff Well-Being
 - Positive Behaviors and Relationships
 - Positive Discipline Practices
 - Mental Health Literacy
 - Social Emotional Learning
- Determine whether services and supports are evidence-informed
- Ensure fit with strengths, needs, cultural, and linguistic considerations
- Ensure adequate resources for implementation
- Provide interactive training and ongoing supports
- Monitor fidelity

Early Intervention and Treatment Services & Supports

TIER 2&3

- Provide access to needed services and supports
- Determine whether services are evidence-informed
- Ensure all services and supports are evidence-informed
- Ensure fit with strengths, needs, cultural, and linguistic considerations
- Ensure adequate resources for implementation
- Provide interactive training and ongoing supports
- Monitor fidelity
- Ensure intervention goals are SMART
- Monitor student progress across tiers
- Implement a systematic protocol for emotional and behavioral crisis response

Screening

- Use best practices for mental health screening planning and implementation
- Indicate the number of students:
 - Enrolled in school
 - Formally screened in the absence of known risk factors
 - Identified as being at risk or already experiencing a mental health problem
 - Referred to a mental health service following identification
- Of students screened, how many screened for [specific mental health areas]



Funding and Sustainability

- Use multiple and diverse funding and resources to support full continuum of school mental health
- Leverage funding and resources to attract potential contributors
- Have strategies in place to retain staff
- Maximize expertise and resources of partners to support ongoing professional development
- Have funding and resources to support:
 - Tier 1 (mental health promotion) services
 - Tier 2 (early intervention) services
 - Tier 3 (treatment) services
- Maximize reimbursement for eligible services



Impact

- # of students who:
 - Were eligible to receive Tier 2 or Tier 3 school mental health services
 - Received at least one Tier 2 or Tier 3 service
 - Demonstrated documented improvement in educational functioning
 - Demonstrated documented improvement in social, emotional and behavioral functioning

- Use best practices to:
 - Document impact on educational outcomes
 - Document impact of social, emotional, and behavioral outcomes
 - Disaggregate student mental health service and support data to examine student-level outcomes based on sub-population characteristics
 - Document and broadly report the impact of your comprehensive school mental health system




For a full copy of the school mental health national quality assessment, visit www.theSHAPESystem.com

(NCSMH, 2019)

Custom Reports

[Download as PDF](#)



Teaming

Reporting Period: September 2018 - June 2019
Date of Report: 10/07/2019
Entered By: 2 Users


About Teaming

School districts are in the position of ensuring that school mental health efforts are appropriately staffed and supported by multidisciplinary teams that have effective communication and collaboration practices. Many schools have teams that meet to discuss and strategize about student mental health issues. Schools may have one team devoted to the full continuum of mental health supports (mental health promotion to early intervention and treatment) or they may have multiple teams that address different parts of the continuum (e.g., school climate team, student support team, Individualized Education Program team, intervention/tertiary care team, Tier 2/3 team, any other team that addresses student mental health concerns).


Need resources? The SHAPE Resource Library offers a wide variety of tools and resources to help your team improve your school mental health system. The library is organized by Quality Domain to help you locate exactly what you need.

For example, to find resources related to forming a multidisciplinary team or partnerships with the community and youth and families, select "Teaming" in the resource library and filter by "Partners."

The district team who completed this assessment reported the following information about the quality of teaming in your schools:





[Download as PDF](#)



Teaming

Reporting Period: September 2018 - June 2019
Date of Report: 10/07/2019
Entered By: 2 Users


 For schools in your district
OVERALL COMPOSITE SCORE: 3.3

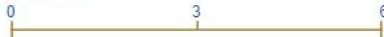


Partners	Score	Description
Multidisciplinary teams	3	
Youth and family partnership	3	
Community partnerships	3	


Structure/Process	Score	Description
Addresses all tiers	3	
Avoid duplication and promote efficiency	2	
Best practices for meetings	5	
Delineated roles/responsibilities	4	
Effective referral processes	3	

Data	Score	Description
Data based decisions for interventions	2	
Data sharing	2	

 District support
OVERALL COMPOSITE SCORE: 1.9



District Support	Score	Description
Establish and disseminate written, standard policies and procedures	1	
Support implementation	2	
Monitor implementation	1	
Supports	2	



Strategic Planning Guide



Strategic Planning Guide

The following pages can be used as tool to plan your next steps for this domain. We encourage you to complete this with your team.

Please state a specific goal within this domain. (For example, for the Teaming domain, one goal might be that the school mental health team will better collect and use data to identify students who need mental health support.)

GOAL: _____

How will you know if you've achieved success within this goal? (For example, for the Teaming domain and your goal is to better collect and use data to identify students who need mental health support, one way of measuring success might be that by the next academic school year, the school mental health team will review student mental health screening data for the entire student body twice per year to identify students in need of services and make a plan for meeting those needs.)

INDICATOR OF SUCCESS: _____

What opportunities exist related to this goal?

- What have been our past successes?
- What current work is taking place related to this goal?
- What are our available resources (leadership, infrastructure, staffing, partnerships)?

What barriers exist related to this goal?

- What would prevent us from moving forward with this goal?
- What would we need to overcome this/these barrier(s)?

Resource Library

[Overview](#) [School Mental Health Profile](#) [Mental Health Quality](#) **[Resources](#)** [Screening & Assessment](#) [Trauma Responsiveness](#) [My Schools](#) [My District Account](#)

The **Resource Center** houses publicly available resources representing key components of comprehensive school mental health. Teams are encouraged to use custom reports from the Quality Assessment to navigate the Resource Center and guide the selection of appropriate resources.

[Mental Health Quality](#) [+ Trauma Responsiveness](#)

[Filter by Criteria](#)

Teaming

☐ All Teaming Resources

☐ Partners

☐ Structure/Process

Needs Assessment/Resource Mapping

☐ All Needs Assessment/Resource Mapping Resources

☐ Needs Assessment

☐ Resource Mapping and Implementation

☐ Alignment


Screening

☐ All Screening Resources


☐ Collaboration


Showing 228 of 228 resources.

Per page: 25




A Blueprint for Using Data to Reduce Disparities/Disproportionalities in Human Services and Behavioral Health Care





A Framework for Effectively Implementing Evidence-Based Programs and Practices (EBPs)



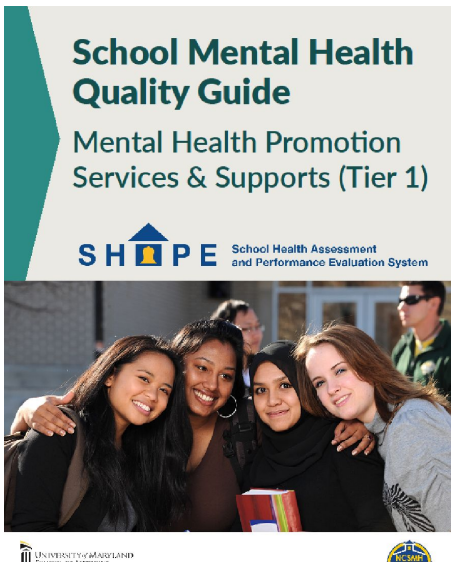
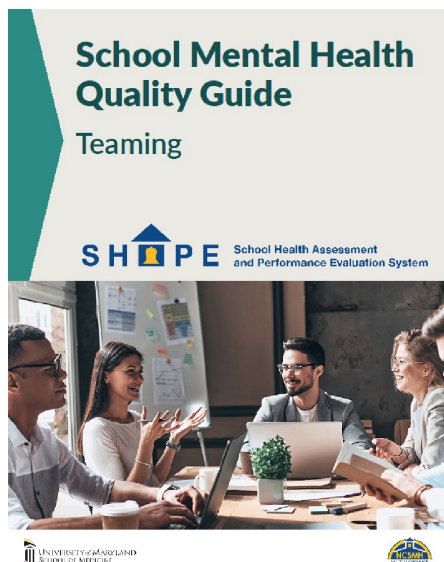
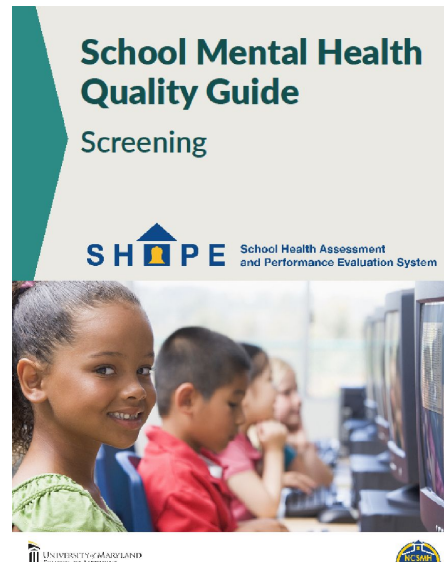
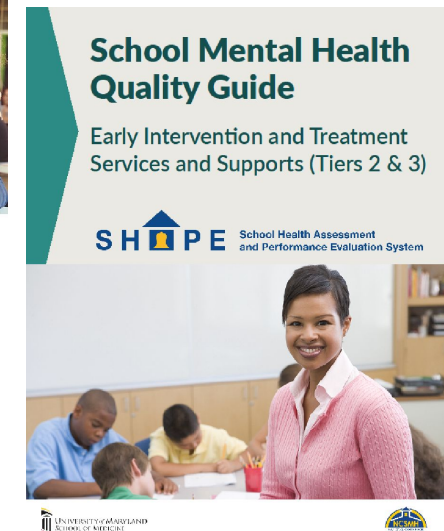
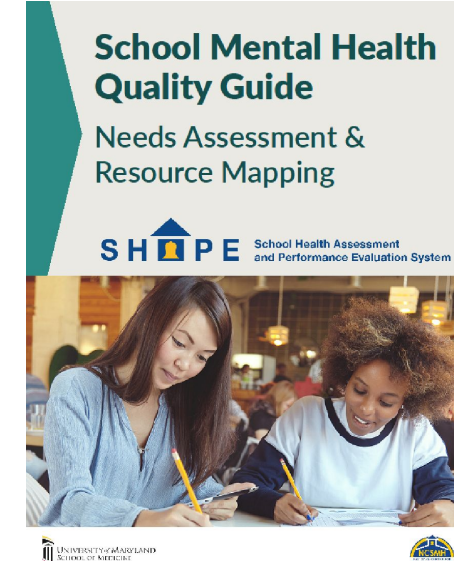
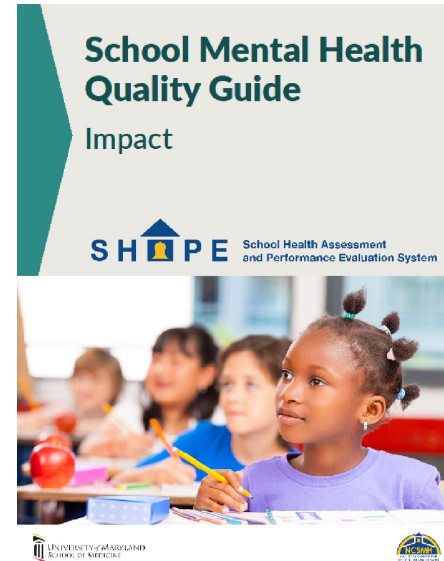
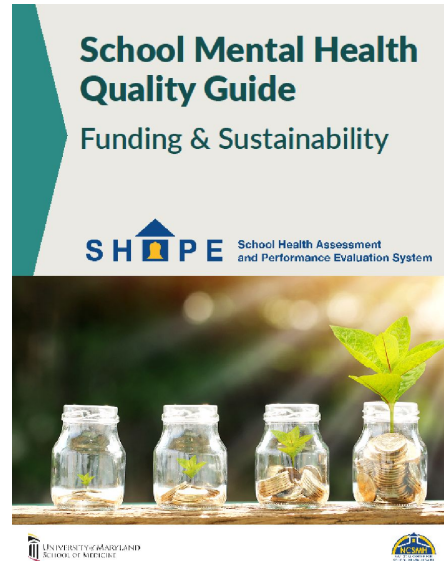


Quality Guides

Provides guidance to advance school mental health quality and sustainability

Includes:

- Background
- Best practices
- Action steps
- Examples from the field
- Resources





State School Mental Health Profile

The State School Mental Health Profile

will help your state assess several school mental health indicators including: infrastructure, technical assistance and training, state policies, financing, staffing, and emerging SMH issues (including SEL, telepsychiatry, SDH).

The state profile will take approximately 1-2 hours to complete as a team.

[Instructions](#) [Printable Version](#)

Last updated on: 12/18/2019

State Agencies & Organizations

[Take Survey](#) [View Responses](#)

Last updated on: 12/20/2019

State Level Leadership

[Take Survey](#) [View Responses](#)

Last updated on: 12/18/2019

Policy

[Take Survey](#) [View Responses](#)

Last updated on: 12/18/2019

Funding

[Take Survey](#) [View Responses](#)

Last updated on: 12/18/2019

Services and Supports

[Take Survey](#) [View Responses](#)

Last updated on: 12/18/2019

Innovations and Emerging Areas

[Take Survey](#) [View Responses](#)

Last updated on: 12/11/2019

Staffing and Community Partnered Behavioral Health

[Take Survey](#) [View Responses](#)

Last updated on: 12/18/2019

Barriers and Resources

[Take Survey](#) [View Responses](#)



My Districts

Overview State Profile Resource Center Screening & Assessment **My Districts** My Schools My State Account

SMH-QA Statewide District Report ?

TRS-IA Statewide District Report ?

Monitor progress and view SHAPE reports from districts in your state.

Showing 415 of 415

1 2 3 4 5 6 7 8 9

District	Shares Data with State	Star Status	Admins	Team Members	Mental Health Profile Report	Mental Health Quality Report	Trauma Responsiveness Report
ABBY KELLEY FOSTER CHARTER PUBLIC (DISTRICT)	✓		0	0	View	View	View
ABINGTON	✓	Blue ★	1	0	View	View	View
ACADEMY OF THE PACIFIC RIM CHARTER PUBLIC (DISTRICT)	✓		0	0	View	View	View
ACTON	✓		0	0	View	View	View
ACTON-BOXBOROUGH	✓		0	0	View	View	View
ACUSHNET	✓		0	0	View	View	View
ADAMS-CHESHIRE	✓		0	0	View	View	View
ADVANCED MATH AND SCIENCE ACADEMY CHARTER (DISTRICT)	✓	Blue ★	2	0	View	View	View

National School Mental Health Best Practices- Implementation Guidance Modules

www.mhttcnetwork.org

Mod 1 Foundations of Comprehensive School Mental Health

Mod 2 Teaming

Mod 3 Needs Assessment & Resource Mapping

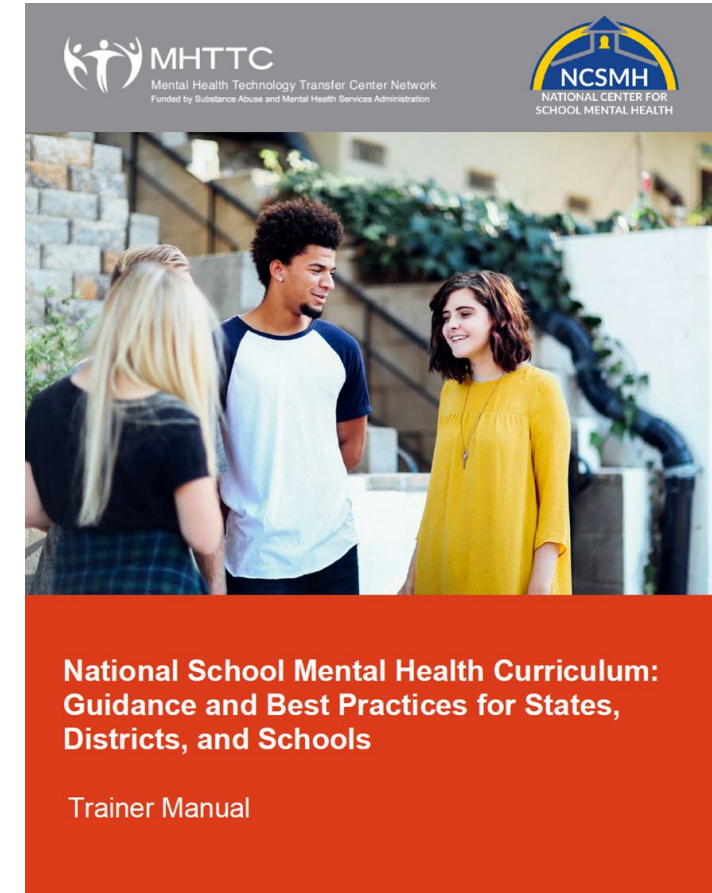
Mod 4 Screening

Mod 5 Mental Health Promotion for All (Tier 1)

Mod 6 Early Intervention and Treatment (Tiers 2/3)

Mod 7 Funding and Sustainability

Mod 8 Impact





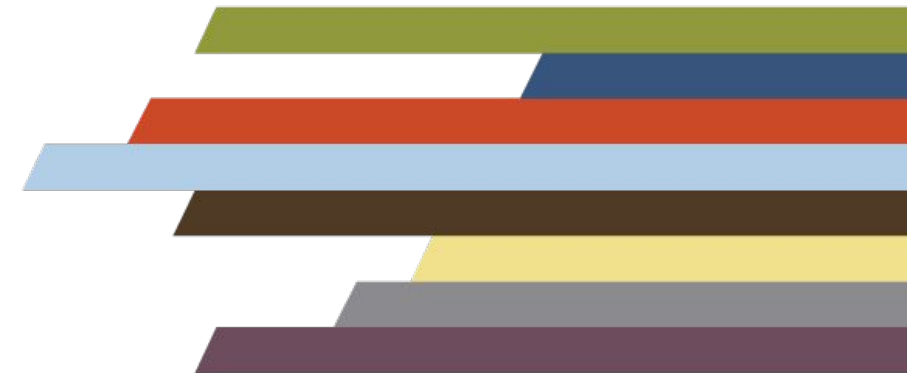
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Module 6: Early Intervention and Treatment (Tiers 2/3)

National School Mental Health Best Practices:
Implementation Guidance Modules



- Provide access to needed services and supports.
- Determine whether services are evidence-informed.
- Ensure *all* services and supports are evidence-informed.
- Ensure fit with strengths, needs, and cultural and linguistic considerations
- Ensure adequate resources for implementation.
- Provide interactive training and ongoing supports.
- Monitor fidelity.
- Ensure intervention goals are SMART.
- Monitor student progress across tiers.
- Implement a systematic protocol for emotional and behavioral crisis response.

Intervention Planning Form

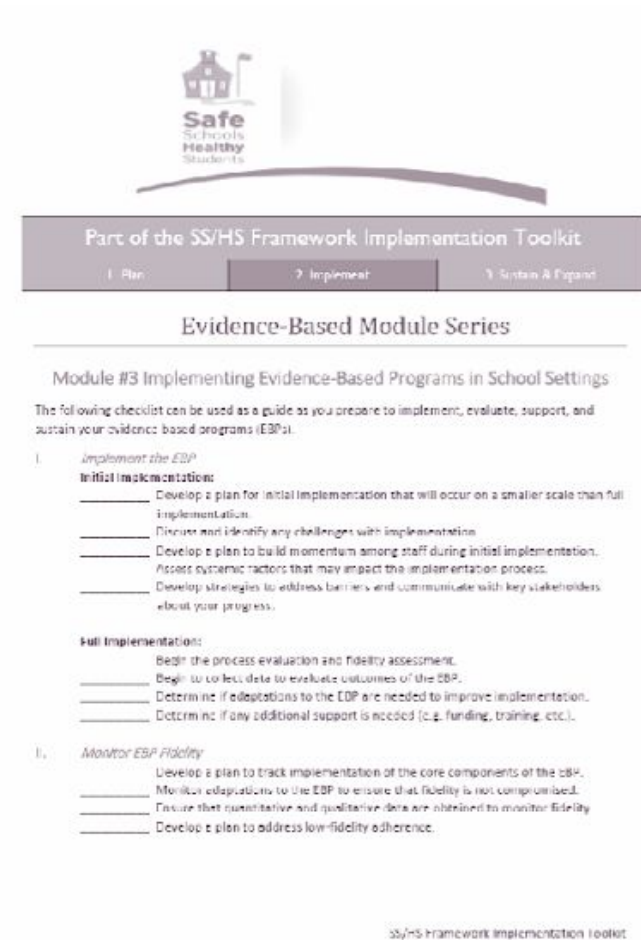
INTERVENTION PLANNING FORM

School or district mental health teams are encouraged to complete this form when planning to adopt an intervention. The primary goal of this form is to help teams predict appropriate intervention staffing and time burden.

Intervention Name	Tier			Planning/Preparation <i>before or during implementation</i>			Supervision <i>providing or receiving</i>			Delivery			Evaluation and Feedback <i>schoolwide and student-specific</i>		
	1	2	3	Who	Hours/ Wk	Duration	Who	Hours/ Wk	Duration	Who	Hours/ Wk	Duration	Who	Hours/ Wk	Duration
Example: Check In Check Out		x	x	T.Cooper S.Barrey Teachers	1-2 1 .5	Aug-May Aug-Dec Aug-Oct	S. Barrey	1	Aug-May	10 teachers	1	Oct-May	T.Cooper L. Sands	.5 5	Aug-May Dec. May

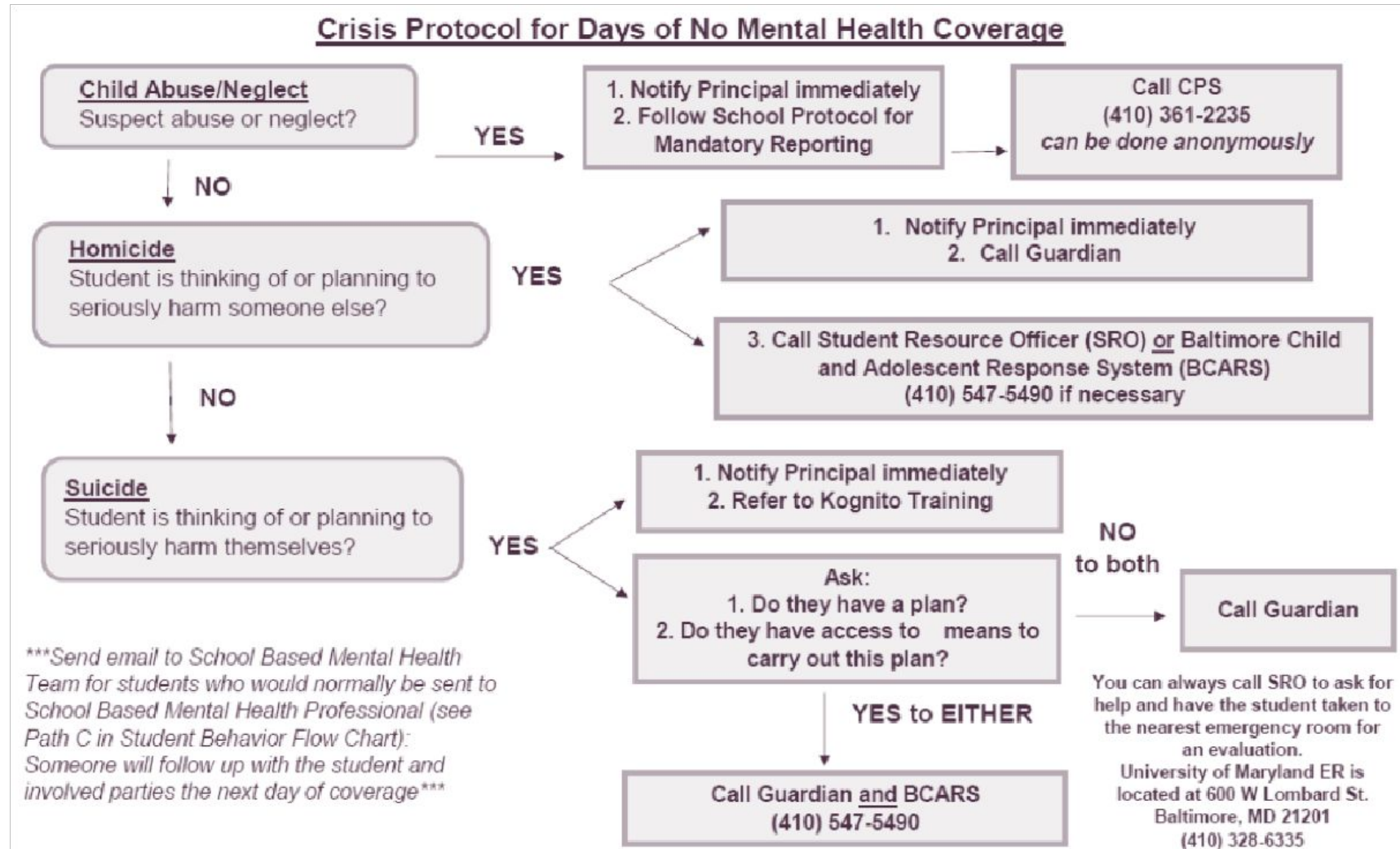
Implementing EBPs in School Settings Checklist

1. Develop a plan to track implementation of core components of the EBP.
2. Monitor adaptations to the EBP to check fidelity.
3. Ensure that quantitative and qualitative data are obtained to monitor fidelity.
4. Develop a plan to address low-fidelity adherence.



<https://healthysafechildren.org/sites/default/files/EBP-ModulesChkItsMod-3-508.pdf>

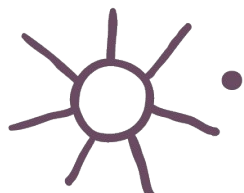
Example Crisis Response Protocol



Published by New Song Learning Center Mental Health Team, 2017
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Classroom WISE:

Well-Being Information and Strategies for Educators



Developed by the MHTTC Network in partnership
with the National Center for School Mental Health



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National Center for School Mental Health (NCSMH)

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<https://www.schoolmentalhealth.org/>



SMH Resources Summary

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 - @NCSMHTweets
- **Sign up for SHAPE**
 - <https://www.theshapesystem.com/>
- **National SMH Best Practices– Implementation Guidance Modules**
 - <https://mhttcnetwork.org/now-available-school-mental-health-curriculum>
 - <https://mhttcnetwork.org/centers/global-mhttc/school-mental-health-curriculum-always-and-now-learning-series>



Questions?

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